



Home Points



Planning Ahead for Your Family

You and your family may need to survive on your own after an emergency. In most instances, local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. It may take hours or even days to get help, and in the meantime you may be without basic services such as electricity, water and sewage treatment. Below you will find the Federal Emergency Management Agencies (FEMA) guidelines for the contents of an Emergency Supply Kit, which should be kept at the ready in every household.

Basic Emergency Supply Kit:

Water: One gallon of water per person per day for at least three days, for drinking and sanitation.

Food: At least a three-day supply of non-perishable food.

Battery-powered or hand crank radio and a *National Oceanic and Atmospheric Administration (NOAA)* Weather Radio with tone alert and extra batteries for both.

Flashlights and extra batteries. | **First aid kit**

Whistle or blow horn to signal for help.

Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter in place if necessary.

Moist towelettes, garbage bags and plastic ties for personal sanitation.

Can opener for food. | **Local maps**

Cell phone with charger, inverter or solar charger.

Additional Items to Consider:

- Prescription medication and glasses.
- Infant formula and diapers.
- Pet food and extra water for your pets.
- Cash or traveler's checks and change.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Emergency reference material such as a first aid book.
- Sleeping bag or warm blanket for each person and additional bedding if you live in a cold weather climate.
- Matches in a waterproof container and a **fire extinguisher**.

For additional information go to www.ready.gov.